Valley Spirit and Pink Elephant—two Henry County farms—are partnering to offer an array of sustainably and intentionally produced whole foods, all delivered to your door in one convenient package.

This is a Full Diet, Free Choice, Nutrient Dense CSA.

Full Diet: Between our two farms, we are able to offer a wide assortment of veggies, herbs, fruit, beef, pork, raw dairy, eggs, cooking fats, fermented items and more! Plus we will be sending plenty of recipes and cooking tips.

FREE CHOICE: With this CSA you build your own box each week from an online ordering system, selecting from all items available. Then we pack it and deliver it to your door. Want breakfast sausage and a beef roast? No problem. Extra kale for a new recipe? You got it! You have full control over exactly what you receive in your CSA.

NUTRIENT DENSE: We believe food is a powerful and essential component to good health. All animals are on pasture, and produce is raised in healthy soil with Organic and Biodynamic growing standards.

CSA: Becoming a member of our farm through the CSA means you are supporting local, sustainable agriculture, and substantially supporting three farm families so we can each continue taking care of our land.

We would love to help fill your table with everything local. Join today! We are delivering every other week from December-March, then will begin weekly delivery in April.

Visit our websites or contact us for more information.

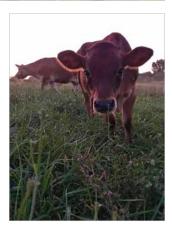
















## **Pink Elephant Farm**

Dairy, Eggs, Produce, Blueberries PinkElephantFarm.com

## **Valley Spirit Farm** Beef, Pork, Produce, Mushrooms

